



FOR IMMEDIATE RELEASE
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Contacts:
Kristin Fansler, 888.249.0445
Dr. Patricia H. David, 888.249.0445

Dr. Patricia David Achieves DOT Medical Examiner Certification
Only Ohio M.D. to be Awarded Certification

Westerville, Ohio – Dr. Patricia H. David, President and Medical Director of CorpHealth, has achieved certification from the National Academy of DOT Medical Examiners (NADME). This is the highest professional credential for doctors and health care providers performing medical examinations as required by the federal Department of Transportation. Dr. David successfully completed the NADME training course and written examination in October 2005, and is currently the only Ohio M.D. physician to achieve this designation.

As a branch of the Department of Transportation (DOT), the Federal Motor Carrier Safety Administration (FMCSA) is responsible for reducing crashes, injuries and fatalities involving commercial trucks and buses. To ensure drivers are physically fit to operate these large vehicles, FMCSA requires most truck and bus drivers to undergo physical examinations to meet federal regulatory requirements.

Recently, the quality of these physical examinations has fallen under scrutiny. According to the FMCSA, improper medical certification has contributed to crashes which have resulted in significant injuries or fatalities. The NADME reports that instead of going to a specialized DOT medical examiner to fulfill the medical exam requirement, most drivers visit a family doctor or urgent care. Since many of these physicians perform less than 10 of these exams per year, they are typically unfamiliar with the FMCSA medical requirements and the specific regulations or any recent changes affecting the industry.

“Although our physicians have performed DOT medical exams for more than a decade, when we found out about the NADME program I elected to pursue certification because CorpHealth is committed to providing high-quality, accurate medical exams for all DOT and CDL drivers and their employers,” David said.

CorpHealth is an occupational medicine practice that is committed to providing up-to-date and comprehensive evaluations at the convenience of the DOT or CDL driver. They offer a D.O.T.-on-the-Spot service for all DOT/ FMCSA drivers and CDL holders that allows them to obtain their physical examinations on a walk-in basis. The service is available to anyone needing a new or renewal examination, regardless of their company location, and requires no advance notification.

Located in central Ohio, CorpHealth is staffed with full-time physicians dedicated to getting drivers in, examined, and back on the road in about 30 minutes. CorpHealth physicians are licensed under FMCSA Regulations and are knowledgeable in all DOT exam components, as well as the regulatory guidance and medical literature that should be considered as part of the driver certification determination. CorpHealth is also able to perform certified urine drug screens and breath alcohol testing at the time of exam.

For convenience, CorpHealth issues each driver a laminated *Medical Examiner's Certificate* (DOT card) before leaving the office. CorpHealth also has a state-of-the-art tracking system that will notify either the driver or the employer when a certificate is due for renewal.

CorpHealth, founded in 2001 by Dr. Patricia David, MD, MSPH, provides medical services that are pro-active in nature, and emphasize wellness and health promotion. Committed to helping the community, CorpHealth offers free Health Forums and Preventive Health Screenings. The forums are held every other month, and the screenings are offered monthly. For more information, please contact [CorpHealth](#) at 1.888.249.0445 or email information@corphealth.org.